

# SKY

DELTA

FEATURING

1 CITY 5 WAYS: RIO DE JANEIRO  
OLYMPIAN TONY AZEVEDO'S FAVORITE STREET  
WHAT'S TRENDING IN OAKLAND  
SWITZERLAND ON TWO WHEELS  
HAWAII-INSPIRED STYLE

AUGUST 2016

▽  
GOLD  
MEDALISTS  
**ALEX  
MORGAN**  
AND  
**GABBY  
DOUGLAS**,  
PLUS TEN  
MORE ATHLETES  
TO WATCH  
IN RIO  
AND  
BEYOND

## THE PURSUIT OF EXCELLENCE

U.S. women's soccer forward Alex Morgan (left) and American gymnast Gabby Douglas (right) are hoping to again take home Olympic gold.

+

The Latest in  
Performance-  
Enhancing  
Wearables

Simon  
Helberg on  
Life Beyond  
*The Big Bang  
Theory*

Cutting-Edge  
Ice Cream with  
Andrew Zimmern

TRENDING



Oaklandish specializes in local accessories and apparel.

OAK

## OAKLAND

This East Bay city in California is seeing its formerly derelict buildings reinvented as excellent restaurants, galleries and hotels.

**Why Now:** Oakland hasn't always gotten a lot of respect. For years, this *other* city by the bay—often viewed as gritty (at best)—lived up to its reputation for urban decay and unsafe streets. But recently, millennial hipsters have moved in, along with artists, chefs and old-timey barbers. And

next year, part of the global headquarters for ride-sharing giant Uber will take over the historic Sears Building.

**Where to Go:** Oakland's grand dame, the century-old Claremont Club & Spa, has been given new life as a Fairmont. A multimillion-dollar renovation has transformed its guest rooms and

public spaces and added a lobby lounge. The upshot: It's again become a destination for "Bay-cationers" who come from around the region for a weekend away. Travelers can explore their pick of neighborhoods. The recently revitalized Temescal Alley, which long ago housed horses that pulled the

streetcars, now features businesses including house-made ice cream shop Curbside Creamery, an herbal apothecary and a hot-shave barber. Or visit Old Oakland, the city's original downtown. Shoppers are back, browsing through boutiques offering everything from vintage clothing to handmade jewelry. And Uptown is now an excellent place for a meal, whether it's one of the famous blue-plate specials at Rudy's Can't Fail Café or brunch at Flora, a dainty spot housed in a former art deco flower shop.

—TIM JOHNSON

### HIT THE TOWN

#### 📍 Oaklandish

The best place to pick up a cool T-shirt or hoodie created by a local designer.

#### 📍 Itani Ramen

In-season Bay Area ingredients paired with house-made ramen noodles.

#### 📍 Everett and Jones Barbeque

Long the best ribs in the East Bay, right on the newly cool Jack London Square.



## TRAVEL ACCESSORIES

### ALLBIRDS WOOL RUNNERS

Make sure your feet don't fail you on your next adventure by slipping them into these comfy lightweight kicks fashioned from moisture-wicking merino wool. \$95



### SAFEGO

Put your valuables into lockdown wherever you are—on the beach, at the pool, in a hotel room—with this portable, water-resistant safe that has both key and combination access. \$39.95



### STANLEY ADVENTURE HAPPY HOUR 2X SYSTEM

Never miss a cocktail hour with this on-the-go drinks kit that comes with a shaker, two rocks glasses, a citrus reamer and a jigger, which nest together when not in use. \$35



Zhangjiajie Grand Canyon Glass Bridge

### NEW & NOTEWORTHY

Brooklynites can now get their fill of Nashville-style hot chicken at **Carla Hall's Southern Kitchen**, the celeb chef's first standalone spot in NYC • With the opening of the ziggurat-shaped Switch House addition, there's more art than ever to explore at London's **Tate Modern** • Boozy ice creams—whiskey chocolate, tiramisu—are ready for scooping at the just-landed **Prohibition Creamery** in Austin, Texas • Stunning views of Puget Sound and the Olympic Mountains are all part of the package at the recently arrived **Thompson Seattle** hotel • Talk about views: The new 1,410-foot-long **Zhangjiajie Grand Canyon Glass Bridge** in Hunan Province in China suspends intrepid walkers 984 feet in the air.